Event 11 — Women, 400m Surface — Open
08.03.2026 — Results

Points: FINA 2020

LM Oberösterreich: AK A (Offen)

Rank	Name	Nation	YB	Club	Time	Ti.behind	Pts	100m	200m	300m	400m
1.	POETZL, Lara	AUT	03	1. Linzer TC	**4:21.98**			1:01.85	1:07.08	1:07.50	1:05.55
	50m:			150m:	250m:			350m:			
	100m: 1:01.85			200m: 2:08.93	300m: 3:16.43			400m: 4:21.98			
2.	TRVAL, Anja	AUT	07	1. Linzer TC	**4:39.48**	+ 17.50		1:06.34	1:11.62	1:12.82	1:08.70
	50m:			150m:	250m:			350m:			
	100m: 1:06.34			200m: 2:17.96	300m: 3:30.78			400m: 4:39.48			
3.	PART, Lea	AUT	02	1. Linzer TC	**4:43.17**	+ 21.19		1:06.95	1:11.89	1:13.64	1:10.69
	50m:			150m:	250m:			350m:			
	100m: 1:06.95			200m: 2:18.84	300m: 3:32.48			400m: 4:43.17			

International: AK A (Offen)

Rank	Name	Nation	YB	Club	Time	Ti.behind	Pts	100m	200m	300m	400m
1.	KALTENBACHER, Klara	AUT	10	Finswimming Speedfish	**3:59.48**			54.87	1:00.88	1:03.24	1:00.49
	50m:			150m:	250m:			350m:			
	100m: 54.87			200m: 1:55.75	300m: 2:58.99			400m: 3:59.48			
2.	POETZL, Lara	AUT	03	1. Linzer TC	**4:21.98**	+ 22.50		1:01.85	1:07.08	1:07.50	1:05.55
	50m:			150m:	250m:			350m:			
	100m: 1:01.85			200m: 2:08.93	300m: 3:16.43			400m: 4:21.98			
3.	TRVAL, Anja	AUT	07	1. Linzer TC	**4:39.48**	+ 40.00		1:06.34	1:11.62	1:12.82	1:08.70
	50m:			150m:	250m:			350m:			
	100m: 1:06.34			200m: 2:17.96	300m: 3:30.78			400m: 4:39.48			
4.	PART, Lea	AUT	02	1. Linzer TC	**4:43.17**	+ 43.69		1:06.95	1:11.89	1:13.64	1:10.69
	50m:			150m:	250m:			350m:			
	100m: 1:06.95			200m: 2:18.84	300m: 3:32.48			400m: 4:43.17			
5.	KOLLER, Lisa	AUT	15	Finswimming Speedfish	**5:04.44**	+ 1:04.96		1:12.31	1:18.65	1:19.58	1:13.90
	50m:			150m:	250m:			350m:			
	100m: 1:12.31			200m: 2:30.96	300m: 3:50.54			400m: 5:04.44			
6.	SPRINGER, Isabella	AUT	14	Vienna DOLPHINS	**5:40.77**	+ 1:41.29		1:17.64	1:28.45	1:29.85	1:24.83
	50m:			150m:	250m:			350m:			
	100m: 1:17.64			200m: 2:46.09	300m: 4:15.94			400m: 5:40.77			

International: AK B

Rank	Name	Nation	YB	Club	Time	Ti.behind	Pts	100m	200m	300m	400m
1.	KALTENBACHER, Klara	AUT	10	Finswimming Speedfish	**3:59.48**			54.87	1:00.88	1:03.24	1:00.49
	50m:			150m:	250m:			350m:			
	100m: 54.87			200m: 1:55.75	300m: 2:58.99			400m: 3:59.48			

International: AK D

Rank	Name	Nation	YB	Club	Time	Ti.behind	Pts	100m	200m	300m	400m
1.	SPRINGER, Isabella	AUT	14	Vienna DOLPHINS	**5:40.77**			1:17.64	1:28.45	1:29.85	1:24.83
	50m:			150m:	250m:			350m:			
	100m: 1:17.64			200m: 2:46.09	300m: 4:15.94			400m: 5:40.77			

International: AK E

Rank	Name	Nation	YB	Club	Time	Ti.behind	Pts	100m	200m	300m	400m
1.	KOLLER, Lisa	AUT	15	Finswimming Speedfish	**5:04.44**			1:12.31	1:18.65	1:19.58	1:13.90
	50m:			150m:	250m:			350m:			
	100m: 1:12.31			200m: 2:30.96	300m: 3:50.54			400m: 5:04.44			