Event 12 | Men, 400m Surface | Open
08.03.2026 | Results

Points: FINA 2020

LM Oberösterreich: AK A (Offen)

Rank	Name	Nation	YB	Club	Time	Ti.behind	Pts	100m	200m	300m	400m
1.	ESPERNBERGER, Philipp	AUT	97	1. Linzer TC	**3:48.48**			52.95	57.81	59.42	58.30
	50m:			150m:		250m:		350m:			
	100m: 52.95			200m: 1:50.76		300m: 2:50.18		400m: 3:48.48			

International: AK A (Offen)

Rank	Name	Nation	YB	Club	Time	Ti.behind	Pts	100m	200m	300m	400m
1.	MANOUCHEHRI, S.	AUT	09	Vienna DOLPHINS	**3:45.92**			52.86	56.92	59.20	56.94
	50m:			150m:		250m:		350m:			
	100m: 52.86			200m: 1:49.78		300m: 2:48.98		400m: 3:45.92			
2.	ESPERNBERGER, Philipp	AUT	97	1. Linzer TC	**3:48.48**	+ 2.56		52.95	57.81	59.42	58.30
	50m:			150m:		250m:		350m:			
	100m: 52.95			200m: 1:50.76		300m: 2:50.18		400m: 3:48.48			
3.	FORSTER, Valentin	AUT	11	Vienna DOLPHINS	**4:11.85**	+ 25.93		1:00.04	1:07.84	1:04.75	59.22
	50m:			150m:		250m:		350m:			
	100m: 1:00.04			200m: 2:07.88		300m: 3:12.63		400m: 4:11.85			
4.	UBOVIC, Marko	AUT	10	Vienna DOLPHINS	**4:33.26**	+ 47.34		1:03.87	1:08.46	1:13.58	1:07.35
	50m:			150m:		250m:		350m:			
	100m: 1:03.87			200m: 2:12.33		300m: 3:25.91		400m: 4:33.26			
5.	KASPAR, Marek	CZE	16	KSP Ceskych Budejovicich	**5:06.45**	+ 1:20.53		1:13.11	1:19.83	1:18.68	1:14.83
	50m:			150m:		250m:		350m:			
	100m: 1:13.11			200m: 2:32.94		300m: 3:51.62		400m: 5:06.45			
6.	NURMEMET, Ikaram	AUT	12	Vienna DOLPHINS	**5:07.69**	+ 1:21.77		1:09.52	1:19.59	1:20.97	1:17.61
	50m:			150m:		250m:		350m:			
	100m: 1:09.52			200m: 2:29.11		300m: 3:50.08		400m: 5:07.69			

International: AK B

Rank	Name	Nation	YB	Club	Time	Ti.behind	Pts	100m	200m	300m	400m
1.	MANOUCHEHRI, S.	AUT	09	Vienna DOLPHINS	**3:45.92**			52.86	56.92	59.20	56.94
	50m:			150m:		250m:		350m:			
	100m: 52.86			200m: 1:49.78		300m: 2:48.98		400m: 3:45.92			
2.	UBOVIC, Marko	AUT	10	Vienna DOLPHINS	**4:33.26**	+ 47.34		1:03.87	1:08.46	1:13.58	1:07.35
	50m:			150m:		250m:		350m:			
	100m: 1:03.87			200m: 2:12.33		300m: 3:25.91		400m: 4:33.26			

International: AK C

Rank	Name	Nation	YB	Club	Time	Ti.behind	Pts	100m	200m	300m	400m
1.	FORSTER, Valentin	AUT	11	Vienna DOLPHINS	**4:11.85**			1:00.04	1:07.84	1:04.75	59.22
	50m:			150m:		250m:		350m:			
	100m: 1:00.04			200m: 2:07.88		300m: 3:12.63		400m: 4:11.85			
2.	NURMEMET, Ikaram	AUT	12	Vienna DOLPHINS	**5:07.69**	+ 55.84		1:09.52	1:19.59	1:20.97	1:17.61
	50m:			150m:		250m:		350m:			
	100m: 1:09.52			200m: 2:29.11		300m: 3:50.08		400m: 5:07.69			

International: AK E

Rank	Name	Nation	YB	Club	Time	Ti.behind	Pts	100m	200m	300m	400m
1.	KASPAR, Marek	CZE	16	KSP Ceskych Budejovicich	**5:06.45**			1:13.11	1:19.83	1:18.68	1:14.83
	50m:			150m:		250m:		350m:			
	100m: 1:13.11			200m: 2:32.94		300m: 3:51.62		400m: 5:06.45			